

## Trip & Outdoor Advisor Learning Matrix

At least one adult must take the online modules required for the activity they will be doing with girls.

Take our courses on the [Volunteer Learning Portal](http://Volunteer Learning Portal) (training.gsnorcal.org)  
**\*\*in-person course required**

Type of Activity	**Approved Girl Scout First Aider must attend	Trip & Outdoor Basics	Sleep In	Cook In	Campfire	Cook Out	Sleep Out	Camp Out Assessment	Regional Travel	**Extended Travel	**Backpacking	Activity and Event Permission Form	Girl Health History Form	Adult Health History Form	Trip or High Adventure Approval Form	Girl and Adult HHF with Physical	Permission to Travel with Minors
		Required Courses										Additional Forms					
Day Trips																	
Local field trips away from the regular meeting location*		X										X	X				
*Note: for local field trips involving high-adventure activities, council approval and a First Aider are required-see <a href="#">Safety Activity Checkpoint</a>																	
Day trips farther than 60 miles or 6 hours in duration	X	X										X	X		X		
Overnights																	
Indoor overnight for 1-2 nights with indoor plumbing and electricity	X	X	X									X	X	X	X		
Outdoor overnight for 1 night close to home with indoor plumbing and electricity	X	X	X				X					X	X	X	X		
Camping trip farther from home without indoor plumbing and electricity for 1-2 nights	X	X	X	X	X	X	X	X				X	X	X	X		
Indoor overnights for 3-4 nights only in the following states (CA, NV, OR)	X	X	X						X			X	X	X	X	X	
Outdoor overnights for 3-4 nights only in the following states (CA, NV, OR)	X	X	X	X	X	X	X	X	X			X	X	X	X	X	
Indoor overnights for 5 or more nights anywhere nationally and internationally	X	X	X						X	X		X	X	X	X	X	X
Outdoor overnights for 5 or more nights anywhere, nationally and internationally	X	X	X	X	X	X	X	X	X	X		X	X	X	X	X	X
Backpacking with overnight camping	X	X	X	X	X	X	X	X			X	X	X	X	X	X	
Cooking and Campfires																	
Anytime girls will cook indoors (no cook, stoves, ovens, etc.)	X	X		X								X	X				
Any trip involving fire and/or campfire (includes roasting marshmallows)	X	X		X	X							X	X				
Girls cook simple meals outdoors (no cook, one-pot, simple stick cooking, and solar cooking)	X	X		X	X	X						X	X				
Girls cook advanced meals outdoors (propane, charcoal, dutch/box oven)	X	X	X	X	X	X	X	X				X	X				