

Senior Sow What? Badge Activity Set



This is only a summary of the Badge Activity Set. To get the complete details of how to earn these badges and to purchase them, please visit your local Girl Scout Shop or go online to www.girlscoutsnorcal.org.

Are your Seniors enjoying their **Senior Sow What? journey?**

Want to make the journey last a little longer? This **Senior Sow What? Badge Activity Set** will help.

Each badge, there are five of them, includes ideas for how to tie their activities to their **Senior Sow What? National Leadership Journey**. It is much more fun when you see how their leadership adventure fits together.

The booklets are three-hole punched to fit nicely into their Senior Girls Guide to Girl Scouting.

How do the girls earn the badges?

Each badge has five steps to earn. Within those activities are three choices. If the girls are interested and they have the time they may do all of the activities. Not enough time? Then pick just one of the three. Each step includes tips for the leader. They also have many suggestions for the girls to choose within that step.

What about Community Service?

Do you have a group of Seniors who like including community service in their plans? Each badge also has suggestions for giving service.

Textile Designer:

When you see all the colors and textures of fabrics and yarns, do you dream up a million things to do with them? When Seniors earn this badge they will have learned the basics of textile art—and they'll have two fantastic projects to show for it.

- Step 1: Choose your textile art
- Step 2: Find your tools and materials
- Step 3: Learn the basics
- Step 4: Make something for everyday use
- Step 5: Create a gift or item for a special occasion

Room Makeover:

Combine color, texture, glue, and paint to develop some serious DIY flair. When Seniors earn this badge they will know how to do a fast, fun, and thrifty room makeover.

- Step 1: Gather ideas and inspiration
- Step 2: Paint something
- Step 3: Sew or glue something
- Step 4: Redo something
- Step 5: Build something

Truth Seeker:

We're often told that we live in the age of information. It's true we are surrounded by data—from TV, the Internet, and from friends. When Seniors earn this badge they will be able to figure out what is true in the media, online, and what they hear in their daily lives.

- Step 1: Evaluate sources
- Step 2: Investigate what the experts say
- Step 3: Be a wise consumer
- Step 4: Find truth in your everyday life
- Step 5: Become a citizen journalist

Adventurer:

What kind of adventure speaks to you? When Seniors earn this badge they will know how to go on a multiday outdoor adventure trip with friends and Girl Scout sisters.

- Step 1: Enhance your adventure
- Step 2: Get in the team spirit—and refine your teamwork
- Step 3: Know your gear
- Step 4: Plan your service to the great outdoors
- Step 5: Capture the adventure

Car Care:

Driving is an exciting step toward independence, a chance to have fun going new places—and a big responsibility. When Seniors earn this badge they will know tips for driving safely and how to take care of a car.

- Step 1: Get a handle on basic car maintenance
- Step 2: Investigate vehicle safety
- Step 3: Research safe driving practices
- Step 4: Find out what to do in case of emergency
- Step 5: Drive for a greener world

It's Your Planet - Love It!

