

## Senior GIRLtopia Badge Activity Set



**This is only a summary of the Badge Activity Set. To get the complete details of how to earn these badges and to purchase them, please visit your local Girl Scout Shop or go online to [www.girlscoutsnorcal.org](http://www.girlscoutsnorcal.org).**

Are your Seniors enjoying their **Senior GIRLtopia journey**?

Want to make the journey last a little longer? This **Senior GIRLtopia Badge Activity Set** will help.

Each badge, there are five of them, includes ideas for how to tie their activities to their **Senior GIRLtopia National Leadership Journey**. It is much more fun when you see how their leadership adventure fits together.

The booklets are three-hole punched to fit nicely into their Senior Girls Guide to Girl Scouting.

### How do the girls earn the badges?

Each badge has five steps to earn. Within those activities are three choices. If the girls are interested and they have the time they may do all of the activities. Not enough time? Then pick just one of the three. Each step includes tips for the leader. They also have many suggestions for the girls to choose within that step.

### What about Community Service?

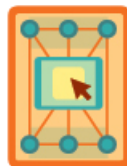
Do you have a group of Seniors who like including community service in their plans? Each badge also has suggestions for giving service.

### Website Designer:

View the world with a Web journalist's eyes, and you'll find the story in everything. When Seniors earn this badge they will know how to design, build and promote their own website.

- Step 1: Find a worthwhile subject for your website or blog
- Step 2: Be the host with the most
- Step 3: Build a blueprint
- Step 4: Create must-see content
- Step 5: Go live—then drive!

### It's Your World - Change It!



### Women's Health:

Nothing's more important than good health—and, as women, we have unique health issues at every stage of our lives. When Seniors earn this badge they will know how women can lead healthy lives.

- Step 1: Investigate the tests that help women stay healthy
- Step 2: Find out how fads and beauty practices impact health
- Step 3: Focus on techniques to help you stay emotionally healthy
- Step 4: Take a closer look at a women's health issue
- Step 5: Get the word out on a women's health topic

### Troupe Performer:

Performance is a powerful way to make an impact on an audience—and a perfect way to put your leadership into action. When Seniors earn this badge they will know how to organize a team of people and put together a performance.

- Step 1: Pick your performance style
- Step 2: Find and develop material
- Step 3: Rehearse!
- Step 4: Launch your performance
- Step 5: Put on your show

### Science of Style:

Imagine farming silkworms to make raw silk, engineering a biodegradable fabric, or using chemistry to develop a cover-up that hides and heals acne scars. When Seniors earn this badge they will know the science behind makeup, perfume, fashion fabrics, and skin care products.

- Step 1: Test skin care and makeup
- Step 2: Examine the science behind fabrics and accessories
- Step 3: Explore the science behind hair products and perfume
- Step 4: Investigate the sociology of style
- Step 5: Formulate future style

### Novelist:

Share a meal with a historical figure, unearth ancient treasures, spend the summer in outer space or dancing flamenco in Spain—writing a novel lets you dream the world away. When Seniors earn this badge they will know what it takes to write a great novel and they'll have written at least 20 pages of their own.

- Step 1: Deconstruct a novel
- Step 2: Create great characters
- Step 3: Develop a plot
- Step 4: Write at least 20 pages
- Step 5: Edit your pages