

Cadette Breathe Badge Activity Set



This is only a summary of the Badge Activity Set. To get the complete details of how to earn these badges and to purchase them, please visit your local Girl Scout Shop or go online to www.girlscoutsnorcal.org.

Are your Cadettes enjoying their **Cadette Breathe journey?**

Want to make the journey last a little longer? This **Cadette Breathe Badge Activity Set** will help.

Each badge, there are five of them, includes ideas for how to tie their activities to their **Cadette Breathe National Leadership Journey**. It is much more fun when you see how their leadership adventure fits together.

The booklets are three-hole punched to fit nicely into their Cadette Girls Guide to Girl Scouting.

How do the girls earn the badges?

Each badge has five steps to earn. Within those activities are three choices. If the girls are interested and they have the time they may do all of the activities. Not enough time? Then pick just one of the three. Each step includes tips for the leader. They also have many suggestions for the girls to choose within that step.

What about Community Service?

Do you have a group of Cadettes who like including community service in their plans? Each badge also has suggestions for giving service.

Book Artist:

For centuries, humans have been developing methods to create and bind paper in order to share ideas, knowledge, and inspiration with each other and with future generations. When Cadettes earn this badge they will know how to make different kinds of books.

It's Your Planet - Love It!



- Step 1: Explore the art of bookbinding
- Step 2: Get familiar with the insides of a book
- Step 3: Try out book artist techniques
- Step 4: Focus on function
- Step 5: Focus on style

Woodworker:

Woodworking gives you a feeling of accomplishment—you can make stylish, useful things for yourself and others. When Cadettes earn this badge they will know how to use some basic tools to make simple woodworking projects.

- Step 1: Swing a hammer
- Step 2: Keep it level
- Step 3: Use a screwdriver
- Step 4: Saw some wood
- Step 5: Build something yourself

Special Agent:

A special agent wears many hats—detective, scientist, psychologist, enforcer of the law. When Cadettes earn this badge they will know secrets from the worlds of forensic science and criminal psychology.

- Step 1: Investigate investigation
- Step 2: Reveal reality
- Step 3: Try the science
- Step 4: Key into body language
- Step 5: Practice the art of detection

Trailblazing:

Join in a favorite Girl Scout adventure! Head for the backcountry, where you'll explore nature and challenge your body on a trailblazing trek. When Cadettes earn this badge they will know how to take a safe and fun overnight backpacking trip.

- Step 1: Start planning your adventure
- Step 2: Get your body and your teamwork skills ready
- Step 3: Create your menu
- Step 4: Gain some trailblazing know-how
- Step 5: Head out on the trail

Babysitter:

The magic age for babysitting is 12. That's when most girls say they began sitting—and it is the youngest age at which most parents say they will allow someone to babysit their children. When Cadettes earn this badge they will be prepared to babysit and will have tried out their skills on the job.

- Step 1: Get to know how kids develop
- Step 2: Prepare for challenges
- Step 3: Focus on play
- Step 4: Find potential employers
- Step 5: Practice your babysitting skills

These steps are only a summary and should not be used to earn the badge—the Badge Activity Set has the full details and actual requirements.