

Adult Health History Form

Please download and save this form before entering the information. You may also choose to print and complete the form manually. Kindly print clearly.

Name: _____ Birthdate _____ Gender: _____

Address: _____ City/State: _____ Zip: _____

Email Address: _____

Mobile: _____ Day Time Phone: _____ Evening Phone: _____

HEALTH INFORMATION PRIVACY STATEMENT

The Adult Health History Form is for health care concerns at the specified event only. All records will be handled by staff/volunteers whose job includes processing or using this information for the benefit of the participant. All medical records will be held in limited access by the health care supervisor of the specific event. Minimal necessary information may be shared with event staff/volunteer(s) in order to provide adequate participant safety and health care. The health history record will be retained by Girl Scouts of Northern California, the sponsoring council, or GSUSA until it is destroyed. All forms/records with noted treatment will be retained for seven years. Access to the information will be limited, but copies may be requested from the event sponsor by the participant or their legally representative.

HEALTH INSURANCE INFORMATION

Name of family DENTIST: _____ Phone: _____

Name of family PHYSICIAN: _____ Phone: _____

Hospital Insurance Information:

Name of Carrier: _____ Policy #: _____

Insured's Name: _____ Member ID#: _____

Insured's Employer (if insurance is through work): _____ Phone: _____

Others who could be contacted to authorize treatments:

Name: _____ Relationship to Adult: _____ Phone: _____

Name: _____ Relationship to Adult: _____ Phone: _____

Dietary Needs/Restrictions: _____

PART A Allergies	Check those that apply. Specify cause and nature of reactions (e.g. Penicillin causes hives.)		
	<input type="checkbox"/> Animals _____	<input type="checkbox"/> Plants/Trees _____	<input type="checkbox"/> Insect Sting: _____
	<input type="checkbox"/> Hayfever _____	<input type="checkbox"/> Pollen _____	
	<input type="checkbox"/> Other: _____		
	<input type="checkbox"/> Food: _____		
	<input type="checkbox"/> Medicine/Drugs: _____		
In case of an allergic reaction, respond by _____			

PART B Medical History	Check those that apply.		
	<input type="checkbox"/> ADD/ADHD	<input type="checkbox"/> Ear Infection	<input type="checkbox"/> Mumps
	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Eating Disorders	<input type="checkbox"/> Muscle Disease/Disorder
	<input type="checkbox"/> Asthma	<input type="checkbox"/> Emotional Disturbances	<input type="checkbox"/> Nervous System Disorder
	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Nosebleeds
	<input type="checkbox"/> Athletes Foot	<input type="checkbox"/> EYES: Contact Lenses	<input type="checkbox"/> Orthodontic Appliances
	<input type="checkbox"/> Behavioral Changes	<input type="checkbox"/> EYES: Glasses	<input type="checkbox"/> Physical Disabilities
	<input type="checkbox"/> Bed Wetting	<input type="checkbox"/> Fainting	<input type="checkbox"/> Runny Nose
	<input type="checkbox"/> Bipolar Disorder	<input type="checkbox"/> German Measles	<input type="checkbox"/> Seizures
	<input type="checkbox"/> Bleeding/Clotting Disorder	<input type="checkbox"/> Hay Fever	<input type="checkbox"/> Sickle Cell Trait or Disease
	<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Headaches, frequent	<input type="checkbox"/> Sinusitis
	<input type="checkbox"/> Chicken Pox	<input type="checkbox"/> Hearing Impairment	<input type="checkbox"/> Skeletal Disease/Disorder
	<input type="checkbox"/> Concussion	<input type="checkbox"/> Heart Defect/Disease	<input type="checkbox"/> Skin Conditions
	<input type="checkbox"/> Constipation	<input type="checkbox"/> Hepatitis A/B/C	<input type="checkbox"/> Sleep Disturbance
	<input type="checkbox"/> Convulsions	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Sleep Walking
	<input type="checkbox"/> Cough	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Sore Throat
	<input type="checkbox"/> COVID-19	<input type="checkbox"/> Measles	<input type="checkbox"/> Special Dietary Regiment
	<input type="checkbox"/> Depression	<input type="checkbox"/> Menstrual Complications	<input type="checkbox"/> Stomach Upsets
	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Migraines	<input type="checkbox"/> Urinary Tract Infection
	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Mononucleosis	<input type="checkbox"/> Visual Impairments
<input type="checkbox"/> Down's Syndrome	<input type="checkbox"/> Motion Sickness		
<input type="checkbox"/> Other:			

Please explain. Indicate any information in relation to any of the health conditions chosen in Part B. Indicate any activity to be encouraged or restricted.

Dietary Needs/Restrictions: _____

PART C Immunization & Disease History	Please complete fully			
	Immunization	Year Primary Series Completed	Year of Last Booster	Has had Disease YES or NO
	Chicken Pox			
	COVID-19			
	D.T.P.			
	Diphtheria			
	Flu Shot			
	Hepatitis B			
	Measles (required)			
	Mumps			
	Oral Polio			
	Pertussis (whooping cough-required)			
	Rubella (German Measles)			
	Td (tetanus/diphtheria)			
	Tetanus			
	Tuberculin Test Result (most recent)			
	Other:			

All my vaccinations are up to date

PART C Medications Please initial below if applicable ↓ *	Listed are all prescribed medication(s) that I routinely take. Attach a separate list if necessary		
	Medication	Dosage	How often?
	You will self-administer the following medication(s).		
	<input type="checkbox"/> Bronchial Inhaler		
<input type="checkbox"/> Diabetic Medication			
<input type="checkbox"/> Epi-pen			
<input type="checkbox"/> Other			

Over-The-Counter Medication(s):

Over-the-counter medications will be used to treat routine illness per treatment protocols. Acetaminophen is used in place of aspirin.

I can have Pain medications Cough syrup Antibiotic ointment Fever reducer
 Digestive relief Other: _____

I CANNOT have: _____

Transportation Release: I authorize transportation by emergency vehicle to an appropriate health care facility and pre-hospital medical care, all hospital and physician services, whether medical, surgical and/or dental, necessary for my benefit, safety, and well-being. It is my expressed intention to hold Girl Scouts of Northern California harmless for any and all injuries, death, or damages arising from or in any way related to such transportation.

Consent to Treat: In the event of an emergency, every effort will be made to contact an emergency contact. I hereby give authorization to Girl Scouts of Northern California to seek treatment for myself by a licensed physician. I hereby give permission to the licensed physician to hospitalize, secure proper treatment for and to order injection and/or anesthesia and/or surgery should my medical emergency require this treatment. Should I become ill or exhibit COVID symptoms while participating at a trip or overnight event, I agree to either be tested for the COVID-19 virus using an over-the-counter test or leave the event as soon as possible.

The information disclosed on this form may be released to Volunteer/Staff responsible for this activity including, but not limited to troop/group leaders, drivers, medical personnel, etc. who have a need to know.

Authorization:

- To my best knowledge this health history is correct.
- I am able to engage in all planned trip activities except as noted by the examining physician.
- I acknowledge that an inherent risk of exposure to COVID-19 exists for any in-person activity, including meetings, activities, events, and trips.
- I am voluntarily assuming all risks related to exposure to COVID-19 and agree not to hold Girl Scouts of Northern California, or any of its directors, employees, agents or volunteers, liable for any illness or injury.

Participant Signature

Date

Print Name of Participant

Phone

Email Address: