

Spring has sprung and what a wonderful season it is to get outside with your Girl Scouts! You might be thinking about taking a field trip to a local park for a hike, going birdwatching at a nearby greenspace, taking a rafting ride down the Russian River, or even camping out and cooking over a crackling campfire. As you plan for outings with troops and groups, please check out the many resources and planning tools available on the 2 pages of the GSNorCal Outdoors website listed below. Be sure to also participate in any required trainings for the activities you're planning to ensure a safe and positive outdoor experience for all your girls. And thank you for taking your girls out to enjoy some fresh air!

<http://camp.gsnorcal.org/troop-camping/resources>

<http://camp.gsnorcal.org/troop-camping/badges-awards>

Planning your safe Girl Scout Adventure:

- Planning a Water Adventure? **Remember you need a Lifeguard!**
 - Lifeguard must be at least 18 years old
 - SF Bay Area (happyswimmers.com)
 - Check with your local swim team, YMCA, or Aquatic Center
 - Check with your Service Unit for Recommendations
- Required Trainings to complete in the [Volunteer Learning Portal](#)
 - Trip & Outdoor Advisor
 - Mandated Reporter Training
 - Safety Wise
 - Troop First Aider (GS First Aider)
 - Current CPR/First Aider certification required
 - First Aider must be a registered member of GSNorCal
 - Though medical providers do not need to provide their CPR card, they are still required to complete this course.
 - For Registered Parents/Guardians
 - Troop Chaperones Module
 - Troop Driver
 - Camp Out Module and Training Requirements
 - All the courses listed above
 - [Camp & Outdoor Training for Adults](#)
 - Traveling for 3 nights or more?
 - Extended Troop Travel Module
 - Required Reading
 - [Introduction to Safety Activity Checkpoints](#)
 - Safety Activity Checkpoint | [Travel and Trips](#)
 - Read the [Safety Activity Checkpoint](#) applicable to the activity your troop will be doing.