

# Virtual Troop Meeting



## VIRTUAL MEETING PLAN: CADETTE NIGHT OWL

Grow your imagination and expand what you know about the night.

### PREPARE

This guide is designed to be used alongside the Cadette Night Owl programming videos. The Night Owl badge steps are below:

1. Take a field trip to explore the night
2. Tour your world after dark
3. Meet people who work night hours
4. Explore nature at night
5. Host an extreme night time party

### TECHNOLOGY

Girls will need to have an internet connection and device (computer, smartphone, tablet) to watch videos.

### SUPPLIES

Some Girl Scout activities may require families to be resourceful. Supplies depend on the what the Girl Scout has available, they should be creative! Some materials may include:

- Headlamp/Flashlight
- Notebook
- Pencil

- Night time story
- Glowsticks

## LOCATION

The Cadette Night Owl badge works great outdoors around your local neighborhood. Badge can be completed in urban or rural areas. Girl Scouts should bring an adult with them if they are going outdoors at night.

## STRUCTURE

Designed for 5 virtual meetings, 30+ minutes/each, plus badge work at home between meetings.

- Reflect: Talk about activity since previous meeting (prompt girls for any materials they may need to come prepared with)
- Topic: Introduce the badge step topic
- Question: Lead a short discussion, inviting girl ideas and questions about the topic.
- Activity Intro: Explain the badge activity that group will complete during each meeting.

Play the Senior Textile badge video step.

- Close: Virtual friendship circle.

What is a virtual friendship circle? You get to design one together as a troop!

### *VIRTUAL MEETING 1: TAKE A FIELDTRIP TO EXPLORE THE NIGHT*

- Promise & Law
- Topic Intro: Nocturnal Animals
  - What does nocturnal mean?
- Watch Step 1 of the Cadette Night Owl badge videos
- Questions
  - Can you think of any animals that are nocturnal?
- Activity
  - Now that we have a better understanding of what nocturnal means, let's investigate!
  - Choose a nocturnal animal to learn more about. Investigate at least 3 different fun facts about your nocturnal animal.
  - Materials: device with access to WiFi or a book to learn more about nocturnal animals
- Close
  - Reflect on what you did in the meeting
  - Talk about the next week's activity and list any needed materials
  - Answer any last questions
  - Virtual Friendship Circle

### *VIRTUAL MEETING 2: TOUR YOUR WORLD AFTER DARK*

- Promise & Law
- Topic Intro: World after dark
  - What are the 5 senses?
  - How may we utilize these during the night?
- Watch Step 2 of the Cadette Night Owl badge videos

- Questions
  - Do things feel the same at night?
  - Using your senses, what do you feel, hear, and smell?
  - Do these differ from things you feel, hear, and smell during the day?
- Activity
  - Get outside to observe the world after dark if you are in a safe space to do so. Bring an adult with you before going outdoors at night.
  - Materials: notebook and a writing utensil
- Close
  - Reflect on what you did in the meeting
  - Talk about the next week's activity and list any needed materials
  - Answer any last questions
  - Virtual Friendship Circle

### *VIRTUAL MEETING 3: MEET PEOPLE WHO WORK NIGHT HOURS*

- Promise & Law
- Topic Intro: People who work at night
  - What kind of job may require someone to work at night?
- Watch Step 3 of the Cadette Night Owl badge videos
- Questions
  - Do you feel you could work a night shift? Why/why not?
  - What are some questions you may ask a night-time worker? Are you curious about anything?
- Activity
  - Interview someone who works at night. This can be someone close to you or within your network.
- Close
  - Reflect on what you did in the meeting
  - Talk about the next week's activity and list any needed materials
  - Answer any last questions
  - Virtual Friendship Circle

### *VIRTUAL MEETING 4: EXPLORE NATURE AT NIGHT*

- Promise & Law
- Topic Intro: Examine the night sky
  - Look up. What do you see?
- Watch Step 4 of the Cadette Night Owl badge videos
- Questions
  - If we are all looking up at the same night sky, why may it look so different depending where you are?
  - Are there times where the night sky is more easily visible? Why do you think that is?
- Activity
  - Choose to observe the night sky outdoors or utilize a night sky app on your mobile device. Can you see any constellations? Do you know any constellations by heart? How do you find them?
  - Materials: Smart device and free night sky app (optional)

- Close
  - Reflect on what you did in the meeting
  - Talk about the next week's activity and list any needed materials
  - Answer any last questions
  - Virtual Friendship Circle

### ***VIRTUAL MEETING 5: HOST AN EXTREME NIGHT TIME PARTY***

- Promise & Law
- Topic Intro: Night time party
  - A night time party doesn't necessarily need to be loud! It can look however you want.
- Watch Step 5 of the Cadette Night Owl badge videos
- Questions
  - Have you ever heard a night sky legend? Do you remember what it was about?
- Activity
  - Choose your own night sky legend. Ask someone you know if they know any night sky stories.
- Close
  - Reflect on what you did in the meeting
  - Talk about the next week's activity and list any needed materials
  - Answer any last questions
  - Virtual Friendship Circle

*\*Congratulations, your Girl Scout Cadettes have earned their Night Owl badge!\**