

# Trip & Outdoor Advisor Learning Matrix

At least one adult must take the courses required for the activity they will be doing with girls. Take our courses on the Volunteer Learning Portal ([training.gsnorcal.org](http://training.gsnorcal.org))

\*\*in-person course

Type of Activity	Trip & Outdoor Basics	Sleep In	Cook In	Campfire	Cook Out	Sleep Out	**Camp Out	Regional Travel	**Extended Travel	**Backpacking	Parent Permission Form	Girl Health History Form	Adult Health History Form	Trip or High Adventure Approval	Girl and Adult HIF with Physical	Permission to Travel with Minors
Local field trips away from the regular meeting location	X										X	X				
Day trips farther than 60 miles or 6 hours in duration	X										X	X		X		
Anytime girls will cook indoors (no cook, stoves, ovens, etc.)	X		X								X	X				
Indoor overnight for 1-2 nights with indoor plumbing and electricity and NO girls cooking	X	X									X	X	X	X		
Indoor overnight for 1-2 nights with indoor plumbing and electricity and WITH girls cooking indoors	X	X	X								X	X	X	X		
Any trip involving fire and/or campfire (includes roasting marshmallows)	X		X	X							X	X				
Girls cook simple meals outdoors (no cook, one-pot, simple stick cooking, and solar cooking)	X		X	X	X						X	X				
Outdoor overnight for 1 night close to home with indoor plumbing and electricity and NO girls cooking/fire	X	X				X					X	X	X	X		
Outdoor overnight for 1 night close to home with indoor plumbing and electricity and WITH girls cooking simple meals outdoors	X	X	X	X	X	X					X	X	X	X		
Girls cook advanced meals outdoors (propane, charcoal, dutch/box oven)	X	X	X	X	X	X	X				X	X				
Camping trip farther from home without indoor plumbing and electricity for 1-2 nights	X	X	X	X	X	X	X				X	X	X	X		
Indoor overnights for 3-4 nights only in the following states with NO girls cooking (CA, AZ, NV, OR, WA)	X	X						X			X	X	X	X	X	
Outdoor overnights for 3-4 nights only in the following states (CA, AZ, NV, OR, WA)	X	X	X	X	X	X	X	X			X	X	X	X	X	
Indoor overnights for 5 or more nights anywhere nationally and internationally with NO girls cooking	X	X	X					X	X		X	X	X	X	X	X
Outdoor overnights for 5 or more nights outdoors anywhere nationally and internationally	X	X	X	X	X	X	X	X	X		X	X	X	X	X	X
Backpacking overnight adventure	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	