

Target and Shooting Sports

Shooting Sports Progression Chart

Shooting Type	Grade Level Minimum Age	Participant-to- Instructor Ratio		Instructor/Expert Certification
Slingshot	D B J C S A	D, B J, C, S, A	5:1 10:1	One adult instructor is trained in slingshot safety, form, and technique, range rules, and emergency procedures.
Target Paintball	B J C S A	B J, C, S, A	5:1 10:1	One adult is trained in paintball safety, range rules, and emergency procedures.
Air/BB Guns	B J C S A	B J, C, S, A	5:1 10:1	One adult is a certified National Rifle Association range safety officer or USA Shooting Sports instructor.
Rifle	Age 12 & older	8:1		One adult is a certified National Rifle Association range safety officer or USA Shooting Sports instructor.
Shotgun- Trap/Skeet Shooting	Age 12 & older	8:1		One adult is a certified National Rifle Association range safety officer or USA Shooting Sports instructor.
Muzzle Loading	Age 12 & older	2:1		One adult is a certified National Rifle Association range safety officer or USA Shooting Sports instructor.
Pistol	Age 14 & older	4:1		One adult is a certified National Rifle Association Range Safety Officer or USA Shooting Sports instructor.