

## Skating: Safety Activity Checkpoint

\*High-Adventure Activity – Trip and High-Adventure Approval Form Required

**Council Approval:** Required



### Skating

Both ice and roller skating can be enjoyed in both indoor and outdoor rinks. Ice skating can take place on a frozen lake, but only if the lake has been tested and verified for ice safety and there are regular organized and approved skating sessions taking place.

### Include Girls with Disabilities

Talk to girls with disabilities and their caregivers, and ask about needs and accommodations. Communicate with girls with disabilities and/or their caregivers to assess any needs and accommodations.

Learn about the resources and information that [Disabled Sports USA](#) provide to people with disabilities.



## **Girl Scouts of Northern California's Approval Process for Skating**

Skating is considered a high-adventure activity and must be pre-approved by the council.

- **Trip or High-Adventure Approval Form:** Submit the online [Trip or High-Adventure Approval Form](#) to council at least 4-6 weeks prior to your activity.
- **High-Adventure Approved Vendor List:** GSNorCal troops/groups must select a [high-adventure vendor](#) from the High-Adventure Approved Vendor List, which consists of organizations that meet Girl Scouts safety and insurance requirements for the activity. For the safety of our members, before a troop uses a high-adventure site/vendor for a troop or service unit event, the council must approve the high-adventure site/vendor. This process is designed to ensure a safe experience and protect the council's and volunteer's legal interests.
- **Adding high-adventure facilities to the Approved Vendor List:** If your preferred vendor is not listed on the High-Adventure Approved Vendor list, please follow the simple steps in the [Volunteer Essentials](#) for adding High Adventure Vendors.