

# COVID-19 GUIDELINES

## FOR PARTICIPATING IN GIRL SCOUT IN-PERSON MEETINGS OR EVENTS

*This checklist is designed to help you decide whether your daughter, and/or yourself as a volunteer, will attend an in-person Girl Scout meeting or event, and to make clear the applicable health and safety requirements you will need to follow if you choose to participate.*

**Please note: Even with health and safety precautions, there are no guarantees that anyone can prevent exposure to COVID-19.** There is an inherent risk of exposure and illness in participating in any in-person gathering, meeting or event. If you or your girl choose to participate in person, you assume full responsibility and risk of illness, loss or liability, or death, and any cost that may be incurred as a result of participation in the meeting or event. It is up to the volunteers, parents, caregivers, and guardians whether you feel safe attending or allowing your girl to attend any in-person Girl Scout meeting or event. Volunteers and families are responsible for ensuring that all applicable public health requirements for holding in-person gatherings are met and followed.

### 1. Girls and families should plan to stay home if they:

- Are exhibiting any signs of illness such as sneezing, coughing, sniffles, have or have had a fever in the previous 14 days, chills, repeated shaking/shivering, cough, sore throat, shortness of breath, difficulty breathing, feeling unusually weak or fatigued, new loss of taste or smell, muscle pain, headache, runny or congested nose, diarrhea, or are not feeling well.
- Have been exposed to a person with a confirmed or suspected case of COVID-19.
- Have been diagnosed with COVID-19 and not yet cleared as noncontagious by state or local public health authorities.
- Have a high risk person in their family or household (such as persons over 60 or with a chronic medical condition) for whom they do not want to create any increased risk of exposure.

### 2. Follow all local health and safety requirements and best practices for staying safe during an in-person gathering.

- Arrange your own transportation for your girl and/or yourself to the meeting or event.** Only girls living in the same household may ride in a car together.
- Always maintain the required social distancing, except when safety concerns dictate closer proximity.** Counties have set different social distance requirements. This sadly means no hugs, high-fives, or friendship circles. (Girls can come up with a fun socially distanced way to greet each other and celebrate!)
- Do not share equipment or materials,** and sanitize any shared any equipment that must be shared between users.
- All attendees must bring their own food and drink.** No shared food or beverage preparation or service is allowed.
- All attendees must bring and use their own facemasks and any other desired personal protective equipment (PPE) appropriate for the activity.** Facemasks must be worn at all times, except when eating or drinking, to protect everyone's health. Sharing PPE is prohibited.

- Wash hands frequently**, especially between touching high-contact areas, and use soap and water, or hand sanitizer with at least 60% alcohol if handwashing facilities are not available.
- Review and follow any other rules or requirements established by your girls' troop leader or the event organizer for keeping all attendees safe.** Rules may include where/when to drop off or pick up girls to avoid waiting in tight spaces, staying in specific areas to maintain social distancing, or other limits on participation.
- Know the contingency plan from the organizer if the meeting or event needs to change or be cancelled to adapt to changing conditions.** Be sure your emergency contact information is updated and you are available for contact during any event.

**If you, your girl, or anyone in your household has a positive COVID-19 test following attendance at a Girl Scout meeting or event and has potentially exposed other attendees, contact GSNorCal staff immediately, and our staff will work with you to communicate with the parents or other troop members to protect everyone's health, safety, and privacy.** Please notify GSNorCal through Member Services at [info@gsnorcal.org](mailto:info@gsnorcal.org) or by phone at 800-447-4475. If on a weekend or after business hours, please call our emergency line: 877-636-1912. GSNorCal staff will be responsible for:

- ▶ Confirming and tracing the positive tester
- ▶ Making a plan with the reporting volunteer to contact the families of anyone potentially exposed
- ▶ Notifying a facility or homeowner where a troop has met
- ▶ Alerting the department of health, where required

*As the COVID-19 pandemic continues to evolve and new guidance and approvals for re-opening continue to emerge at the state and local levels, GSNorCal will continue to update our guidelines.*

For more information on COVID-19 permitted activities and restrictions, please visit our [GSNorCal COVID-19 webpage](#). If you have questions as you consider your options and plans, please contact GSNorCal Members Services at [info@gsnorcal.org](mailto:info@gsnorcal.org) or by phone at 800-447-4475.