



Virtual Troop Meeting Agenda and Activity Ideas

While you don't need to use meeting time for snack or clean up, you can still do some or all of the other parts of a traditional meeting. When girls take the lead, great things happen! Even though your daily routine may have changed, Girl Scouts will always be here for you and your girls. You can be a Girl Scout anywhere, even from home. Use this template to help you get started.

| ТІМЕ | PART OF THE MEETING | DESCRIPTION | EXAMPLES/SUGGESTIONS |
|---------------|------------------------|--|--|
| 5-15 Minutes | Arrival Activity | Everyone logs in and gets their technology sorted out. You may also use this time to set up expectations and ground rules, such as not using the chat log for side conversations during the meeting. If you have older girls, have them take turns running a warm-up game. | Consider having a welcome question on the screen during this time for the girls to answer in the chat box while everyone arrives. Play a warm-up game, could be something like a trivia game, virtual get to know you, or a scavenger hunt/race to collect household items that may go along with the theme of your activity/ badge work. |
| 5 Minutes | Opening | Whatever you'd normally say or sing together at the beginning of a meeting, keep it up! | Girl Scout Promise and Law Pledge of Allegiance Share a YouTube video of a song |
| 3-5 Minutes | Business | • You can share any news and important announcements here. | Go over the agenda Remind about upcoming meetings/ events, ask questions about planning |
| 12-30 Minutes | Main Activity | This is a great time to work on badge or Journey activities! You can screen share, so anything that you can put on your screen, like videos, pictures and more, can be part of your meeting. | Think about what you can send the girls the day before or the morning of the meeting so that they can come in prepared to interact. Keep it girl-led. Brainstorm with the girls what they're interested in doing. Consider polling your girls to ask them what they would like to do. |
| 5 Minutes | Closing | Meeting debrief- What did they learn (part the badge they completed). Discuss what to look forward to next meeting and how to prepare. There are several options for closing your meeting. Encourage the girls to be creative! | A modified Friendship Circle is possible! Ask your girls what a virtual friendship circle might look like. Instead of squeezing a hand, have each girl say the name of another person after she makes her wish. Or, they could share something good that happened in the past week or something they admire about another member. If everyone has a camera, how about a wink and say a name? Or what about virtually high-fiving the girl whose picture was next to them? You might even have the girls sing their favorite Girl Scout song! |

Troop Meeting Activity Ideas

- **Get silly:** Play charades, Taboo, or Pictionary. Have a scavenger hunt for silly items that might be around the house.
- Get the wiggles out: Do yoga or have a dance party together.
- Quiet together time: Read stories aloud or do a group add-a-line story. If you have a Daisy troop, read a Petal story!
- **Get artistic:** Draw portraits of one another and share.
- **Explore STEM:** Create a racecar from found materials. Share favorite recipes and send them out for others to try. Create a cookbook. Have a Top Chef challenge. Share at-home science experiments.
- Learn more about each other: Share best and worst things that happened today (Rose, bud, thorn).
- Including all Girl Scouts: Learn the Promise (and Law) in American Sign Language or other languages. Check out WAGGGS resources for international ideas.
- For older girls: Watch a TED Talk and discuss. Create your own videos.
- Share: A favorite podcast or online game (give a review for it). Have girls make short video of themselves reciting a poem, teaching a game, teaching a recipe, signing a song, showing some home-made creation, sharing a household chore tip...anything!
- **Research:** a local issue in their communities and report back on it during the meeting, along with a way they can help from home, such a writing letters to nursing homes.
- Create a playlist: Have a Facebook Watch Party to watch them all together!
- Check out <u>GSUSA's Activities for Girls</u>. Choose your program level, there are several activity lesson plans with videos covering topics in STEM, Outdoors, Life Skills, and Entrepreneurship.
- Use the <u>Volunteer Toolkit</u> to work on badge or Journey activities. Look for the virtual meeting icon.
- Search Pinterest: Virtual Scout Meeting Ideas.
- Check out 50 Fun Games and Activities to Try at Your Virtual Troop Meetings.
- Feeling Stuck? Join the GSNorCal LIVE! Facebook group (norcal.gs/live) for some virtual inspiration.

Ice Breakers

Surface Level Questions

- Do you want to stay the same age forever? If yes, what age would that be?
- What is your favorite possession?
- If you could have one superpower, which one would you choose?
- Are you a morning bird or a night owl?
- Which season is your favorite? Why?
- What item or gadget are you currently dreaming of buying?
- Would you prefer to go to the mountains or the beach?
- If you could live anywhere on this planet, where would you live?
- What is the coolest vacation you have ever taken?
- What is your favorite food?
- Which historical figure would you want to meet?
- Who has been the most influential person in your life thus far?
- Where do you see yourself in 10 years?
- Juliette Gordon Low left Girl Scouts a wonderful legacy, what do you want your legacy to be?
- What is one of your biggest goals within your personal life?

Buzzword Bingo - Choose a few words or phrases that are banned for the duration of the meeting. When someone uses the word, she gets a point. Fewest points at the end of the meeting wins. This can help keep people attentive, while reinforcing the need to speak clearly and simply for best effect.

Two Truths and a Lie - Before the meeting, all members should write down two facts and one lie about themselves. These should be personal anecdotes—not Girl Scout-related. After a team member reads all three, people chime in and guess which fact is actually a fib.

Fortunately/Unfortunately - The leader starts with a simple sentence that sets a scenario. Then each group member takes a turn to add to the story. The kicker is that players alternate starting their sentence with either "Fortunately..." or "Unfortunately." For example:

Leader: Judy raced across the parking lot to her prized red Camaro, she was late to her job interview. Player 1: Unfortunately, when she reached the car, she realized that she had left the keys inside, and the doors were locked.

Player 2: Fortunately, her car was a convertible, and the top was down. Judy jumped in and turned the key...

Games