

Daisy Activities

Outdoors at Home

Use the activities below with the girls in your troop to keep them connected with the outdoors, while sheltering in place.

Activity 1: 5 Senses Outside

Go outside with an adult. Be sure to maintain social distancing and to wear comfortable clothing. Don't forget your sunscreen and water bottle!



Hear: What do you hear? Birds? Insects? Can you imitate the noise? What do you think the bird is saying?



See: Play I Spy with your adult. Look up to the sky, down into the dirt, and all around.



Smell: Put your nose to work and smell all the plants. What does the dirt smell like? Does it smell different in the morning or when it's hot out? What do you like?



Taste: Did you know vegetables and fruits are also nature? Next time you go to the store or farmers market take a look at all the fruits and veggies. What are your favorites? Which ones have you not tried before? Try a new fruit or veggie!



Touch: Every kind of tree has its own bark! Pick 2 trees next to each other. You touch the bark of one and your adult does the same on the other. Take turns describing how it feels. Rough? Smooth? Warm? Cool?

Activity 2: Play with Nature!

1. Build a fairy house, twig fort, or a land for gnomes.
2. Remember to not pick anything or cause damage.
3. Dismantle your creation when you are done to practice Leave No Trace.

Activity 3: Survive the Wild Game

With an adult, learn the secrets of survival with this fun game.

[Secrets of Survival Game with Girl Guides](#)

Activity 4: Sun Portraits

Gather these materials:

- Large piece of paper
- Coloring supplies
- Any other supplies you would like to use to decorate your portrait

Then follow these instructions:

1. With an adult, walk outside and find a sunny spot where you can see your shadow.
2. Place the piece of paper down where you can see the outline of your shadow on it.
3. Have your adult helper trace your shadow on the piece of paper.
4. Now, take your piece of paper inside and decorate your sun portrait!
5. Remember-NEVER look directly at the sun.